

# Learn to Shag!

*brought to you by Semper Fit Physical Fitness!*

**FREE!**  
Starting 2 March!

Enjoy fun and physical activity  
while you learn to Shag—

it's South Carolina's official state dance!

Open to all authorized patrons. Bring a partner! Attend some or all sessions. No pre-registration required— just come and sign in! Wear loose-fitting clothing and any shoes acceptable for dancing. At MCAS Beaufort Fitness Center Annex, Tuesdays from 1830-2000

*2 March • 9 March • 16 March • 23 March  
30 March (also some line dance instruction)*

*For more information,  
call 228-6374  
or 228-7092*

