

We Offer FREE YOGA & PILATES Classes

ALL LEVELS

**Open
to All
Authorized
Patrons!**



**These classes are subject to change.
Please pick up or download from our
website the current group
exercise schedule. Or call us for
specific class dates & times
this month!**

**For more information, call
Health Promotion & Physical
Fitness: 228-7010, 228-6374,
228-1504 or 228-1563**

