



TRADITIONS LUNCH BUFFET

WEEK OF 1/28 – 2/3

ALL BUFFETS INCLUDE BEVERAGES AND DESSERT

MARKET FRESH SALAD BAR EVERYDAY

INCLUDES ICEBERG LETTUCE, SPRING MIX, ROMAINE, CROUTONS, SLICED MUSHROOMS, BROCCOLI FLORETTES, PEAS, SHREDDED CHEDDAR CHEESE, SHREDDED CARROTS, GRAPE TOMATOES, CELERY STICKS, GREEN ONIONS, CAULIFLOWER FLORETTES, RAISINS, SLICED RED BELL PEPPERS, ALFALFA SPROUTS, CHOPPED PECANS, BACON BITS, DICED HAM, BEAN SPROUTS, CHOPPED EGGS, PEPPERONI, SLICED GREEN BELL PEPPERS, SLICED RED ONIONS, SLICED CUCUMBERS, SLICED RED CABBAGE, SHAVED PARMESAN CHEESE, ASSORTED DICED CHEESES, ASSORTED DICED FRUITS, TWO FRESH MIXED SALADS, BLUE CHEESE DRESSING, ITALIAN DRESSING, CAESAR DRESSING, RANCH DRESSING, BALSAMIC VINAIGRETTE, HONEY MUSTARD DRESSING, FRENCH DRESSING, 1000 ISLAND DRESSING, ORIENTAL SESAME DRESSING AND ASSORTED CRACKERS

MONDAY JANUARY 28TH

MEATLOAF, BAKED HAM, SWEET PEAS, GLAZED CARROTS, CUT CORN, MASH POTATOES WITH GRAVY, MACARONI AND CHEESE, BROCCOLI RICE CASSEROLE CREAM OF CHICKEN SOUP, BRATWURST, CORN MUFFINS, ASSORTED ROLLS, APPLE COBBLER

TUESDAY JANUARY 29TH

LIVER AND ONIONS, FRIED CHICKEN, BAKED CHICKEN, MACARONI & CHEESE, RED KIDNEY BEANS, WHITE RICE, COLLARD GREENS, MIXED VEGETABLES, RED SMASHED POTATOES, FRENCH ONION SOUP, EGG ROLLS, SOUTHERN BISCUITS & CORN MUFFINS, BREAD PUD-
DING

WEDNESDAY FEBRUARY 1ST

LASAGNA, RAVIOLI, STUFFED GREEN PEPPERS, STUFFED SHELLS, ITALIAN SAUSAGE WITH PEPPERS, SPAGHETTI AND MEATBALLS, SQUASH MEDLEY, CORN ON THE COB, BAKED FISH, PIZZA, GARLIC BREAD, POTATO FLORENTINE, ASSORTED CAKES

THURSDAY FEBRUARY 2ND

FRIED PORK CHOPS, SLICED ROAST BEEF WITH GRAVY, CABBAGE, SPINACH, BROWN RICE, MACARONI AND CHEESE, MASHED POTATOES AND GRAVY, HAMBURGER SLIDERS, CORN MUFFINS, ASSORTED ROLLS, VEGETABLE SOUP, CHERRY COBBLER

FRIDAY FEBRUARY 3RD

BLACKENED TILAPIA, FRIED CATFISH, POPCORN SHRIMP, BREADED CLAMS, HUSHPUPPIES, MACARONI AND CHEESE, MASHED POTATOES AND GRAVY, BROCCOLI WITH CHEESE, SUCCOTASH, RED RICE, CHICKEN TENDERS, CORN MUFFINS, SOUTHERN BISCUITS, CRAB SOUP, PEACH COBBLER