

# Hearts Apart

Support Group

All military spouses are welcome to attend this Support Group. This group is designed to provide a networking environment where you can comfortably meet fellow military spouses who are going through the same things as you. Also, you will learn more about the many programs and resources available to you and your family. No registration necessary.

## YOU ARE NOT ALONE!

Every Friday morning from 1000-1200 at MCFTB House (487 Laurel Bay Blvd.)

FREE on-site childcare provided. In addition, FREE childcare provided at the MCAS CDC.  
To make reservations please call 228-7290.

For more information please contact Nicole Bright-Hardee at 228-7311 or [brighthardeend@usmc-mccs.org](mailto:brighthardeend@usmc-mccs.org).



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