

Beyond the Brief Workshops

Designed to take the introduction of information to the next level, these workshops delve deeper into the topics that were only briefly discussed at Pre-Deployment Briefs.

For more information or to register for an upcoming workshop, please contact Ligaya Lowe, our Readiness and Deployment Support Trainer at lowelm@usmc-mccs.org or 843-228-7311.



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Beyond The Brief

The Rest of the Story



An informational, interactive workshop series designed to expand your knowledge “beyond” the Pre-Deployment Brief

Beyond the Brief Workshops



Beyond the Brief is a series of workshops aimed at addressing topics identified as needing more discussion. Traditionally, Pre-Deployment Briefs are designed to hit the wave tops of important topics to better prepare Marines and their families

for deployments/separations they are facing and the challenges that come with them. These individual workshop sessions are meant to delve into greater depth on the topics addressed in the Pre-Deployment Briefs in a more hands on manner. This series can be offered to an open audience or at the request of individual commands. These workshops do not have to be offered after a Pre-Deployment alone. They can also be offered at any time for participants desiring additional information about any of the topics covered.



Workshop Descriptions

The topics for these workshops are fluid, meaning they respond to the needs of the populations. Each workshop normally should last no more than 2 hours.

Session 1—Deployment Stress and Coping

Provides spouses with an understanding of the stress continuum and how it relates to Marines, Spouses, and Children as well as giving them skills for self care and coping. Participants will learn about managing stress and building resiliency, and gain knowledge of the re-

sources available when stress becomes something unmanageable. In addition, participants make homemade sugar scrubs and bath salts as part of our self care segment.



Session 2—Safe and Sound at Home

Empowers participants with the ability and confidence to be vigilant and responsible for their own well being. Topics covered include: home safety, car safety, personal safety, and crisis safety.

Session 3—Financial Planning

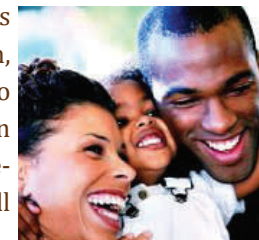
Provides participants with a variety of financial topics to include: basic budgeting, planning for financial emergencies, the legal side of finances, and the importance of wise financial planning.

Session 4—The Casualty Assistance Process

Given by the Casualty Assistance Call Officer (CACO), this session educates spouses on the process of Casualty Assistance and reassures them that they will be taken care of in every way possible should the need arise for a CACO to visit them. Please note that this course is not to scare spouses or bring up the morbid 'what ifs', only to educate them on the process and benefits.

Session 5—Power of Play

Provides parents with advice on fun, playful activities to keep their children engaged during deployments. They will also discover the im-



portance of strengthening the bond between parents and children using play.

Readiness & Deployment Support Program

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